

Menu Week One

Week Commencing: 2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 22nd Feb, 15th March

Pupils' Choice

Monday

Beef Bolognese or Vegetarian Sausages
✓ with Potato Wedges

Chilled Option:
Cheese Sandwich

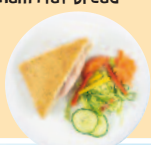


Tuesday

Italiano Chicken Fillet with Savoury Rice

Macaroni Cheese with Wholemeal Herby Bread ✓

Chilled Option:
Ham Flat Bread



Wednesday

Roast Pork and Sage and Onion Stuffing or Quorn Fillet ✓ with Roast Potatoes or Wholemeal Pasta

Chilled Option:
Tuna Baguette



Thursday

Beef Burger in a Bun or Vegetarian Roll ✓ with Diced Potatoes

Chilled Option:
Chicken Mayo Wrap



Friday

Salmon Fish Fingers or Cheese and Tomato Pizza ✓ with Low Fat Chips or Pasta

Chilled Option:
Egg Roll



Menu Week Two

Week Commencing: 9th Nov, 30th Nov, 11th Jan, 1st Feb, 1st March, 22nd March

Gravy and Custard are always available separately when on the menu

Monday

Chicken and Sweetcorn Meatballs with Savoury Rice
Veggie Mince Fajitas ✓

Chilled Option:
Cheese Sandwich



Tuesday

Chicken Pie with Diced Potatoes
Cheesy Spring Vegetable Bake ✓

Chilled Option:
Ham Flat Bread



Wednesday

Roast Beef and Yorkshire Pudding or Beany Bolognese ✓ with Roast Potatoes or Wholemeal Pasta

Chilled Option:
Tuna Baguette



Thursday

Gammon Pasta Carbonara with Mixed Side Salad
Quorn Hot Dog with Pasta ✓

Chilled Option:
Chicken Mayo Wrap



Friday

Fish Fillet Fingers or Cheese and Tomato Pizza ✓ with Potato Wedges or Pasta

Chilled Option:
Egg Roll



Menu Week Three

Week Commencing: 16th Nov, 7th Dec, 18th Jan, 8th Feb, 8th March

Freshly baked wholemeal bread, seasonal vegetables and bowl salads are available daily

Monday

Mild Chicken Curry with Brown and White Rice
Vegetarian "Meat" Balls with Savoury Rice ✓

Chilled Option:
Cheese Sandwich



Tuesday

Beef Lasagne with Mixed Side Salad
Quorn Pattie in a Bun with Diced Potatoes ✓

Chilled Option:
Ham Flat Bread



Wednesday

Roast Chicken with Sage and Onion Stuffing with Roast Potatoes or Wholemeal Pasta
Italian Pasta Bake ✓

Chilled Option:
Tuna Baguette



Thursday

Pork Sausages and Gravy or Sweet Potato Slice ✓ with Potato Wedges

Chilled Option:
Chicken Mayo Wrap



Friday

Battered Fish Fillet or Cheese and Tomato Pizza ✓ with Low Fat Chips or Pasta

Chilled Option:
Egg Roll

