



DSPL3 Outreach Team

in partnership with

SPACE

are pleased to present

ADHD Foundation's Parent and Carers

Skills Building 2-day Training

Monday 25th **and** Tuesday 26th March 2019

Wodson Park, Wadesmill Road, Ware, SG12 0UQ

The ADHD Foundation's Parent and Carers Skills Building Programme has been developed over a number of years and is well established in many parts of the Country.

Parent/Carers will gain further understanding and knowledge of their young persons condition and build a toolbox of strategies to support family life. This in turn will help to significantly improve outcomes for the young person in a variety of settings including education and leisure.

Understanding and Managing ADHD

Praise and Criticism

Organisational Aids

Learning Styles

Diet and Nutrition

[To book your place click here](#) or scan the QR Code:



There is no attendance charge for parents/carers as the event is being fully funded by DSPL3.

For parents/carers of children living in the DSPL3 (East Herts) area, including Hertford, Ware, Bishops Stortford, Sawbridgeworth, Buntingford, Puckeridge, Watton at Stone and the surrounding villages.