

Freshly Baked Bread available daily plus a selection of Vegetables and Bowl Salads

# Week one

Served week commencing:  
 02 November 2015  
 23 November 2015  
 14 December 2015  
 04 January 2016  
 25 January 2016  
 22 February 2016  
 14 March 2016

**Monday** 

Sausages with Onion Gravy with Potato Wedges  
 or Shaun the Sheep Pasta Bake with Garlic Bread (V)  
 Choose from: Lemon Shortbread with Milkshake, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Cheese Roll

Gravy and custard are always available separately

**Tuesday** 

Bolognese with Wholewheat Spaghetti  
 or Cheese Flan with Diced Potatoes (V)  
 Choose from: Apple Crumble with Ice Cream, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Chicken Baguette

**Wednesday** 

Roast Chicken with Sage and Onion Stuffing  
 or Quorn Fillet with Sage and Onion Stuffing with Roast Potatoes or Pasta Choice (V)  
 Choose from: Golden Rice Krispy Cake with Custard, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Ham Baguette

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**Thursday** 

Honey Glazed Pork Loin with Creamed Potatoes  
 or Jacket Potato with Baked Beans (V)  
 Choose from: Chocolate and Mandarin Sponge with Chocolate Sauce, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Tuna Roll

**Friday** 

Oven Baked Battered Fish Fillet  
 or Cheese and Tomato Pizza (V) with Low Fat Chips or Pasta Choice  
 Fresh Fruit with Mini Gingerbread  
 or Cheese & Biscuits or Yoghurt  
 Chilled option: Egg Roll

# Week Two

Served week commencing:  
 09 November 2015  
 30 November 2015  
 11 January 2016  
 01 February 2016  
 29 February 2016  
 21 March 2016

**Monday** 

Mild Creamy Chicken Curry with Rice  
 or BBQ Pulled Quorn Wrap with Diced Potatoes (V)  
 Choose from: Sticky Chocolate Muffin with Fruit Juice, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Cheese Baguette

**Tuesday** 

Crispy Crumb Salmon with Potato Wedges  
 or Macaroni Cheese with Garlic Bread (V)  
 Choose from: Hot Mixed Berry Compote with Scotch Pancake and Ice Cream, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Egg Roll

**Wednesday** 

Permanent changes to Dinner Menu  
 Red: Roast Pork with Apple Sauce  
 Green: Jacket Potato with Baked Beans (V)  
 Yellow: Tuna Baguette

**Thursday** 

Lasagne with Side Salad  
 or Rosemary and Red Onion Sausages with Creamed Potatoes (V)  
 Choose from: Lemon Drizzle Sponge with Custard, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Ham Roll

**Friday** 

All Day Breakfast Muffin (V)  
 or Cheese and Tomato Pizza (V) with Low Fat Chips or Pasta Choice  
 Fresh Fruit with Mini Shortbread Biscuit  
 or Cheese & Biscuits or Yoghurt  
 Chilled option: Chicken Baguette

# Week Three

Served week commencing:  
 16 November 2015  
 07 December 2015  
 18 January 2016  
 08 February 2016  
 07 March 2016  
 29 March 2016

**Monday** 

Spaghetti Carbonara  
 or Quorn Hot Dog with Potato Wedges (V)  
 Choose from: Fruity Muffin with Milkshake, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Tuna Roll

**Tuesday** 

Beef Filled Yorkshire Pudding with Diced Potatoes  
 or Cheese Slice with Diced Potatoes (V)  
 Choose from: Strawberry Mousse, Yoghurt, Fresh Fruit or Cheese & Biscuits  
 Chilled option: Chicken Baguette

**Wednesday** 

Permanent changes to Dinner Menu  
 Red: Roast Gammon with Pineapple  
 Green: Vegetable Grill (V)  
 Yellow: Cheese Roll

**Thursday** 

Permanent changes to Dinner Menu  
 Red: Chicken Pie with Potato Wedges  
 Green: Sunshine Eggs (V)  
 Yellow: Ham Baguette

**Friday** 

Fish Fingers  
 or Favourite Pizza (V) with Low Fat Chips or Pasta Choice  
 Fresh Fruit with Mini Sponge Finger  
 or Cheese & Biscuits or Yoghurt  
 Chilled option: Egg Roll



Some photographs and / or garnishes have been used as illustration only. All meal prices are set by individual schools and are subject to local variations.